

The Child and Recreation Programme

Do you want to work with people?

Do you want to learn how to provide children, youths and the elderly with more enjoyable recreational time?

Do you want to know how to coordinate and lead activities that develop people?

Do you want to try to work during upper-secondary school?

Do you want to study after upper-secondary school?

If so, then the Child and recreation programme may be something for you.

Despite the name "Child and Recreation Programme" you learn to work with people of all ages. You may want to work by making life a bit more fun for the elderly, or meeting and supervising people with functional hindrances. Fundamentals of such a job can be found on the Child and recreation programme.

Working or studying further

The Child and Recreation Programme is not a direct occupational preparation. In order to get a job in the area which interests you there may be a need for further study at university or training at a vocational university.

Possible jobs

After studying on the Children and Recreation Programme you will have a good base for working at swimming baths or sport halls, or as an activity leader. If you want to study further you have many possibilities. You can train to work in child care, as a pupil assistant, pedagogical assistant, teacher, police officer, security officer, correctional officer, social educationist, lay welfare worker, social worker, psychologist, recreational leader, recreational pedagogue, recreationalist or sport leader. You can also choose to go on to study tourism.

Programme contents

The Child and Recreation Programme consists of courses. Certain courses are obligatory for all who study at upper-secondary school. Other courses are only on the Child and recreation programme. You get to choose some of the other courses yourself.

The programme has two national branches of studies. This means that everyone in the whole country who studies on the Child and Recreation Programme can choose them. Additionally, there may be more courses of studies at other upper-secondary schools. Some may be perfect for you. Ask your careers officer!

The two national branches:

- pedagogical and social activities – for those of you who want to specialise in child and youth education and growth, or wish to learn more about social jobs with people of different ages.

- recreational time – for those of you who want to specialise within culture and recreational time, and learn to plan and supervise youth and recreational time activities.

Contact with working life

On the Child and Recreation Programme you affect your own studies. In this way you train in taking responsibility and planning. You also have a lot of contact with the world outside of school. The school may work with an association, so you first study a subject, test your skills at school and then go out into the real world and carry out a real project at the association.

During your time at upper-secondary school you have at least 15 weeks of internship education (APU). A part of your education therefore allows you to go to one or more places of work where you may try your skills in real life. It is a good way for you to get contacts you can later use when applying for a job. If you want to do your APU in a country other than Sweden, it can be arranged.

Jobs and the future

Over the past few years many who have gone on the Child and Recreation Programme have studied further at university. Many have trained as child care workers or pre-school teachers, in order to later work at a pre-school. When a lot of people go on to advanced education it becomes more difficult for those who wish to start working directly after upper-secondary school. Right now there are not so many who are going on to higher studies. Therefore it may be possible to get a job directly after upper-secondary school when you are finished. But it is difficult to say how it will be in a few years.